



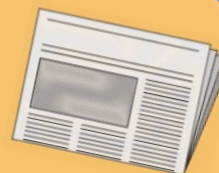
MANORVALE PRIMARY SCHOOL

# MANORVALE MAIL

Issue 7 — Friday, 30th May 2025

## Principal News

Dear Students, Parents, and Staff,



We are holding an event on Friday 6th June to acknowledge World Parents Day on June 1st. We will be having a planting afternoon with families at 2:40pm to fill our gardens. The plants have been brought from the proceeds from the canteen.

On Friday 6th June the School Assembly will be held in the Gym at 2:15pm.

### **BUILDING WORKS APPROVED**

With great excitement I want to announce that the State Government have approved the building of new specialist spaces and administration building!!! Hopefully in the coming months we will see site fencing being installed to start the ground works. We will let you know the updates as they occur.

A huge thank you goes out to our School Council President Paul Lowery and the School Council for their unwavering advocating for the school to have the building works started.

### **PARENT HELPERS**

We are looking for enthusiastic parent helpers to support various classroom and school activities. Your involvement makes a big difference in creating a positive and engaging learning environment for our students! Whether you can spare a few hours a week or help out at special events, your time and support are greatly appreciated.

Some ways you can help:

- Assisting in the classroom
- Supervising on excursions
- Preparing classroom materials

If you're interested in volunteering, please let us know by emailing [brianna.morelli@education.vic.gov.au](mailto:brianna.morelli@education.vic.gov.au)

Thank you for being an important part of our school community!

### **CELEBRATIONS OF LEARNING**

The Celebration of Learning is a time where you will get the opportunity to come into the classroom and see the work your child has been completing. It will be from 2:30pm on the 26<sup>th</sup> of June. I hope to see you there.

### **BOTTLE LID COLLECTION**

We will be creating some artwork at the front of the school by using bottle tops.

We have a collection tub in the office for students to place their bottle tops in there. We would love as many donations as possible.

### **SOCIAL MEDIA – SCHOOL INSTAGRAM and FACEBOOK**

We have started our Instagram and Facebook pages. Please find and follow us for insights into the school and events that are happening.

### **FACILITIES**

We will be getting the guttering replaced on the buildings during the holidays.

### **ATTENDANCE**

#### **“Rise and Shine, 8:30 is the time”**

It is important for the students to be here at 8:30am for classes to begin at 8:40am. If your child comes after 8:40am they need to go to the office to get a late pass.



Kind Regards,  
Brianna

# JSC News

## SCHOOL MATRIX

Every fortnight, our whole school will focus on a different value and expectation from our school matrix. This helps us build a positive and respectful school community. We'd love for families to chat about it at home too—ask your child what the focus is, what it means to them, and how they can show it in their daily life. Let's work together to make these values a big part of our school and home life!

This fortnight, we're focusing on resilience and the importance of communicating calmly with others.

Being resilient means staying steady and respectful, especially when things feel challenging. It's about staying focused on your learning, managing emotions, and choosing calm words and actions—even when things don't go as planned. In the classroom, this looks like speaking kindly, listening carefully, and asking for help in a respectful way. When we stay calm and support each other through ups and downs, we create a safer, more positive place to learn and grow together.



**Resilient**  
**We communicate with others calmly.**

## STUDENTS OF THE WEEK

This fortnight our JSC Students have selected the below students for their display of the school values.

**Adel & Lucia** for being aspiring during IDAHOBIT week and helping the JSC with running activities

**Lily** for being respectful to our school by ensuring our outside spaces clean.



## WATCH OUR NEW VIDEOS:



manorvale.ps



Manorvale Primary School

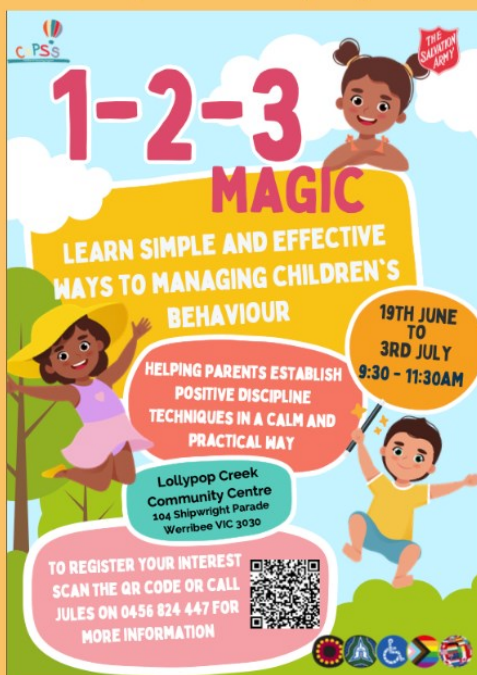
# The Wellbeing Wrap

## CHILDREN AND PARENTING SUPPORT SERVICES - CAPSS UPCOMING PROGRAMS

Hi Families!

Please find below upcoming programs ran by CaPSS during this school term in our area or online.

If you need any help registering or more information, please reach out! There are some hard copies of the programs near my office.



**1-2-3 MAGIC**  
LEARN SIMPLE AND EFFECTIVE  
WAYS TO MANAGING CHILDREN'S  
BEHAVIOUR

HELPING PARENTS ESTABLISH  
POSITIVE DISCIPLINE  
TECHNIQUES IN A CALM AND  
PRACTICAL WAY

19TH JUNE  
TO  
3RD JULY  
9:30 - 11:30AM

Lollypop Creek  
Community Centre  
104 Shipwright Parade  
Werribee VIC 3030

TO REGISTER YOUR INTEREST  
SCAN THE QR CODE OR CALL  
JULES ON 0456 824 447 FOR  
MORE INFORMATION

CaPSS logo and The Salvation Army logo are present. Icons for accessibility and diversity are at the bottom.



**AUTISM ALLY**

Join our two-week program for parents and caregivers of children on the autism spectrum. Participate in interactive sessions to learn vital information about Autism Spectrum Disorder (ASD) and tips for promoting early independence.

23rd & 30th JUNE | 12PM - 2PM  
SESSIONS WILL BE HELD ONLINE

**KEY TOPICS**

- ✓ What is ASD (Autism Spectrum Disorder)?
- ✓ Helping individuals with ASD achieve daily balance.
- ✓ Effective, compassionate approaches to discipline and behaviour management.
- ✓ 'Behaviours of concern' and Coping Strategies
- ✓ Tools and techniques to enhance communication and interaction

**FOR MORE INFORMATION, CONTACT  
CASSIE ON 0409 608 551  
OR SCAN THE QR CODE  
TO REGISTER YOUR INTEREST**

CaPSS logo and The Salvation Army logo are present. Icons for accessibility and diversity are at the bottom.



Are you a Parent struggling  
with your mental health &  
well-being?

**Headspace  
Harmony**

Join us for a 3 week workshop to help understand how to manage distressing thoughts & emotions, learn healthy ways to cope with stress & anxiety through clinically proven relaxation & behavioral techniques.

4TH, 11TH & 18TH JUNE 2025  
10:30AM - 12PM  
ONLINE FORUM

Let's shine a  
light on mental  
health together

SCAN TO  
REGISTER  
YOUR  
INTEREST  
TODAY

OR CALL CASSIE ON  
0409 608 551 FOR MORE INFO

CaPSS logo and The Salvation Army logo are present. Icons for accessibility and diversity are at the bottom.



**BRINGING  
UP GREAT  
KIDS**

25th July - 29th August  
11AM - 1PM

QUANTIN BINAH COMMUNITY CENTRE  
61 THAMES BLVD, WERRIBEE

BRINGING UP GREAT KIDS IS A HELPFUL PROGRAM AIMED AT SUPPORTING PARENTS AND CARERS:

- BUILD RESPECTFUL RELATIONSHIPS WITH CHILDREN
- RECOGNISE CHILDREN'S EMOTIONAL AND DEVELOPMENTAL NEEDS
- REFLECT ON PARENTING STYLE AND COMMUNICATION
- DEVELOP MINDFUL RESPONSES TO CHALLENGING BEHAVIOR

FOR MORE INFORMATION CALL JULES  
ON 0456 824 447 OR REGISTER YOUR  
INTEREST VIA THE QR CODE

CaPSS logo and The Salvation Army logo are present. Icons for accessibility and diversity are at the bottom.



# STUDENTS OF THE WEEK

## Congratulations to our superstars of the week!

<b>PREP A SIOMOS</b>	<b>Jewel</b> for being resilient in the morning during drop off time. <b>Aiden</b> for being resilient when organising himself during the morning routine.	<b>PREP B McCORMACK</b>	<b>Isla</b> for listening to the sounds she can hear in words during daily Sounds Write sessions. <b>Amelia</b> for listening to the sounds she can hear in words during daily Sounds Write sessions
<b>1 A ANDERSON</b>	<b>Oo Meh</b> for learning her high frequency words and using them when she is reading and writing. <b>Afiyah</b> for always getting herself and the resources organised quickly so she is ready to learn.	<b>1 B TOMPKINS</b>	<b>Noa</b> for her efforts in following all classroom routines and expectations independently. <b>Haset</b> for consistently putting great effort into all learning tasks.
<b>2 A MURPHY</b>	<b>Divansu</b> for her aspiring work in Math's with doubling. <b>Averie</b> for her reflective thoughts regarding her learning and activating the next steps.	<b>2 B NAG</b>	<b>Jiren</b> for aspiring to improve in Math's by working diligently to answer questions and complete activities with effort and focus. <b>Amout</b> for demonstrating responsibility by completing her activities and following instructions.
<b>3 A COURTNEY</b>	<b>Pa Reh</b> for being an enthusiastic learner in Literacy and Numeracy. <b>Julia</b> for being an enthusiastic learner in Literacy and Numeracy. <b>Veronica</b> for working hard on her punctuality and showing enthusiasm in Literacy and Numeracy.	<b>3 B BATES</b>	<b>Cooper</b> for aspiring to complete all tasks during literacy sessions. <b>EJ</b> for always following classroom routines and being ready to learn. <b>Hadeeqa</b> for always modelling aspiring behaviour during literacy sessions.
<b>4 A PULFORD</b>	<b>Maungniwin</b> for always listening attentively and working to the best of his ability.	<b>6 B CHANDRA</b>	<b>Kira</b> for always being a curious learner and never hesitating to ask questions. <b>Libby</b> for embracing challenges, learning from feedback and always believing in the power of "yet".
<b>5 A TARBET</b>	<b>James</b> for an excellent character analysis piece in English. <b>Steeven</b> for being proactive in class and finishing all tasks in a timely manner.	<b>5 B NISHA</b>	<b>Ku Nay Say</b> for consistently demonstrating great effort in completing all tasks and sharing ideas. <b>Hana</b> for developing confidence to share ideas and opinions during lessons.
<b>LOTE SIGNORA MAIORANA</b>	<b>Michael</b> for reading an Italian conversation using a great expressive voice. <b>Alita</b> for being an enthusiastic learner of the Italian language.	<b>TUTORING PAULET</b>	<b>Naw Paw</b> for always trying hard in tutoring. <b>James</b> for making awesome progress with his spelling.
<b>LIBRARY HOOPER</b>	<b>Judah</b> for sharing his thoughts about the books we read in Library. <b>Jiren</b> for trying his hardest when completing Library tasks.	<b>PE REYNOLDS</b>	<b>Adalyn</b> for being helpful and trying her best. <b>Abigale</b> for being kind and helping others in PE.
<b>ART CARLISLE</b>	<b>James</b> for being responsible and helping to clean the Art room.	<b>PRINCIPAL AWARD</b>	<b>Jordan</b> for being kind and considerate to others.
<b>ES</b>	<b>Cha Laung Klay</b> for confidently and politely asking for assistance with classroom activities.	<b>OSHC</b>	<b>Cooper</b> for his amazing Lego shopping center he made during Lego week! Congratulations on the win! <b>Isaiah</b> for his exceptional kindness! Always looking out for others and treating everyone with respect. <b>Graham</b> for great listening and always helping to pack up and reset each day with a smile on his face!
<b>BREAKFAST CLUB</b>	<b>Makenzee</b> for being a great help in breakfast club this week.		

# DATES TO REMEMBER



<b>Term 2</b>	<b>Consent/Payment Due</b>		<b>Event Date</b>
All Families	Assembly at 2:15 pm & Planting Party at 2:40		6/06/2025
All Families	Public Holiday— No Students (Kings Birthday)		9/06/2025
Select Yr 5-6	Winter Gala Day	5/06/2025	12/06/2025
Yr 5-6	Melbourne Museum Excursion	13/06/2025	19/06/2025
All Families	Celebration of Learning at 2:30 pm		26/06/2025
Prep	100 Days of Prep		25/07/2025
Yr 1-4 Students	Swimming Program (every Wednesday Week 1-10)		
All Families	Prep applications now available to collect from the office (return by 25/07/2025)		

## PARENTS' CLUB NEWS

Slight change of plans for end of term lunch, this was scheduled for June 30th but now is scheduled for the 1st of July.

Please be on the lookout for order forms that will be coming home soon, anyone available to volunteer their time on the day please either leave your name and number with the office or complete the bottom of the order form.

### Reminders of upcoming important events:

- \* 1st July - Special Lunch
- \* 5th September - Father's Day Stall



### Secondhand Uniform Shop

Don't forget our second hand uniform shop run by the lovely Natasha and Samuel is open:

Tuesday morning	8:30-9:00
Friday morning	8:30-9:00
Friday afternoon	2:45-3:15

Thank you

Belinda Tate

*Parents' Club President*

# SCHOOL BREAKFAST CLUBS PROGRAM



Department  
of Education

**Any families who require some additional food products,  
please see me as there are a variety of ways that we can  
help you.**

**Foodbank offers a range of supports.**

Lily Ibrahim Assistant Principal

# OFFICE MESSAGES !!

## SCHOOL SAVINGS BONUS

The link has expired so you will now need to search via Google to open the portal.

Please note that if you are wishing to use SSB for school events, you will need to allocate this to "School Activities" on the Parent Portal. Follow the information on the school event note.



## CSEF

If you have a Centrelink card you could be eligible for Camps Sports and Excursions Fund (CSEF). This entitles each child to payment which can be used for school activities and events, including camp.

Please contact the office for further information and to make an application.

Last date for CSEF applications is July 4th 2025.



## Medication

If your child requires medication to be taken during school hours, we are able to administer their medication at Sick Bay. We require a letter from the prescribing medical professional, the medication and you will need to complete a Medication Authority Form. Please contact the office to arrange.



## REPORTING STUDENT ABSENCES

To avoid receiving a phone call or a note/letter from the school when your child is absent, please remember to enter their absence by entering an "Attendance Note" on Compass. If you are unable to do this or unsure of how, please contact the office.

**If families have not advised the school of a student absence, a text message will be sent at 9:15am alerting the family. Families are expected to respond to the school with a reason for the absence as soon as possible.**



### Victorian School Term Dates 2025

Term 1	28 Jan - 4 April
Term 2	22 Apr - 4 Jul
Term 3	21 Jul - 19 Sep
Term 4	6 Oct - 19 Dec

Manorvale Primary School  
232-246 Greaves Street North  
P.O. Box 591, Werribee. 3030  
Principal: Brianna Morelli  
Assistant Principal: Lily Ibrahim  
Assistant Principal: Jess McCourt  
Phone: 03 9741 6300

E-mail: [manorvale.ps@education.vic.gov.au](mailto:manorvale.ps@education.vic.gov.au)

## SESSION TIMES

Office Hours

Monday to Friday 8:30am - 3:30pm

Session 1 - 8:40am - 9:40am

Session 2 - 9:40am - 10:40am

Session 3 - 10:40am - 11:40am

Lunch Eating - 11:40am - 11:50am  
Lunch - 11:50am - 12:20pm

Session 4 - 12:20pm - 1:20pm

Snack Eating - 1:20pm - 1:30pm  
Snack - 1:30pm - 2:00pm

Session 5 - 2:00pm - 3:00pm



# School Saving Bonus

## School Saving Bonus reminder and allocation to school activities

The Victorian Government is delivering the School Saving Bonus (SSB) – a one-off support of \$400 for eligible government school students from Prep to Year 12 in 2025.

The SSB can be used for uniforms and textbooks until Monday 30 June 2025.

Any funds remaining after 30 June 2025, including online voucher amounts that have not been redeemed, will become a credit to use on school activities. However, the credit will not be available on your family account at our school until late July.

To use any remaining SSB funds to cover the cost of school activities in July, please refer to the [SSB online system](#) and allocate the funds to school activities before 30 June 2025.

To learn more about the SSB online system, download the step-by-step [System guide for parents and carers \(DOCX, 945KB\)](#) or watch this [School Saving Bonus video](#). [System guide translations](#) are also available in 14 languages.

The Department of Education's SSB contact centre will remain available until 30 June 2025. The contact centre can be reached by:

- completing the [School Saving Bonus enquiry form](#)
- calling 1800 338 663, between 8:30 am and 4:30 pm on weekdays.

After this date, please contact our administration team for any SSB related questions.

Thank you.

(SSB information is also available on our website and compass)

## SCHOOL REMINDERS

### REMINDER

GRADE 1-4 SWIMMING LESSONS  
EVERY WEDNESDAY  
WEEKS 1-10 IN TERM 2



MAKE SURE ALL STUDENTS  
HAVE REQUIRED SWIM GEAR

### COLLECTING DONATIONS



Do you have unwanted:  
picture story/chapter books, CDS or Bottle  
caps?

We will take them off your hands!

Drop off to Jess or Brianna at the front  
office.

THANK  
YOU



# Emotional Regulation

## Understanding

Our children need our support in building their emotional intelligence, they need to understand **all feelings are ok, however not all behaviours are ok**. We need to help them identify the different feelings they can experience, how their body reacts when they feel this way, why they feel this way and what strategies they can implement to help them regulate. It is also important to discuss response when we feel different emotions and whether or not the response was the appropriate choice or not. It is important for children to understand that everyone including adults everyday feel a range of emotions however how we respond in these situations are a choice and something we need to learn to manage for our whole life.



## Identifying

The first step when a child is dysregulated is for them to identify what emotion they are feeling, this can be difficult. We can do this by stating 'I can see that you're not feeling...what emotion are you feeling' 'I can see that you are not yourself, how are you feeling?' The Zones of regulation chart can help you have these discussions at home, prompt your child to show visually if not verbally what zone they are feeling.



## Regulating

Children are unable to regulate, reflect, have conversations, respond to situations when dysregulated. They need time to calm their nervous systems before a response is asked of them. Everyone's regulation strategy is different, and different feelings might prompt a different regulation strategy. Support your child after they have identified how they have felt, to implement a regulation strategy. After using this strategy discuss how they feel after and whether or not they feel more regulated. See examples of regulation strategies below.



## Reflecting

Once calm it is important for children to reflect on the situation, some prompts include:  
How did I feel?  
Why did I feel this way? What made me feel this way? How did my body feel when this was happening?  
What strategy helped me regulate? How did the feeling in my body change when I did this?  
How did I respond when I felt this way? Was I safe, calm, kind? If not, what could I do differently next time?



## Ask your child: What zone are you feeling today?



### Blue Zone

Sad  
Tired  
Sick  
Bored  
Feeling slow



### Green Zone

Calm  
Happy  
I'm focused  
Feeling okay  
In control



### Yellow Zone

Excited  
Anxious  
Nervous  
Frustrated  
Confused



### Red Zone

Angry  
Scared  
Panic  
I want to yell  
I'm not in control

STRATEGIES TO HELP ME WITH  
***EMOTIONAL REGULATION***

**LIFT SOMETHING  
HEAVY**



**STRETCH**

**SQUEEZE AND  
RELEASE**



**TALK TO AN  
ADULT**



**HAVE A SNACK**

**DRAW**



**COUNT**



**SELF TALK**

**WALL  
PUSH  
UP**



**HAVE A REST**



**BREATHE**



**THINK OF  
A CALM  
PLACE**





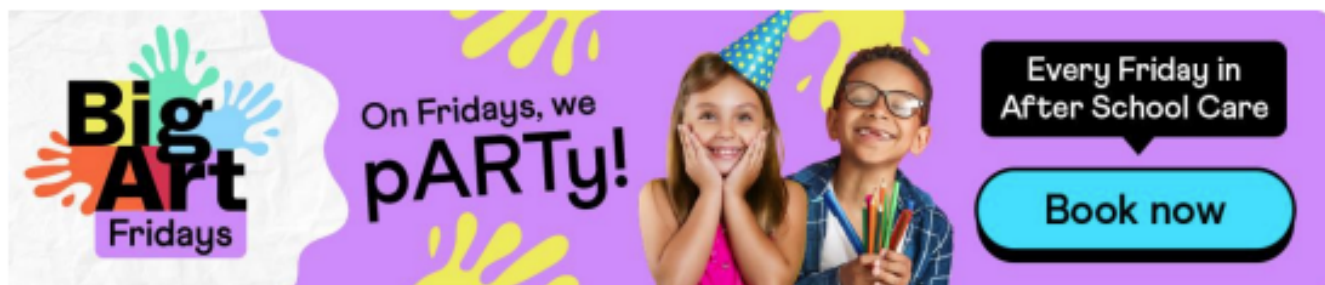
# Outside School Hours Care Newsletter



MAY 30th 2025

Manorvale Primary School

Your  
OSHC.



## A message from your Coordinator

Hi families and schooling community,

I hope everyone is well! It was so nice to see everyone smiling faces on my return this week, as much as I enjoyed my holiday I was excited to come back and see everyone!

What an incredible week of creativity and imagination at OSHC! LEGO Week was a huge hit, with our budding builders designing and constructing some truly amazing creations. From bustling shopping centres to futuristic robots, the children poured their ideas into every brick, bringing their visions to life.

One of the most exciting parts of the week was the LEGO Man's challenges, which sparked teamwork, problem-solving, and lots of laughter. The highlight? Our very own **Cooper**, who took home the grand prize—a brand-new LEGO set!

A big congratulations to all the children for their incredible efforts and enthusiasm. We can't wait to see what you all build next!

With the warm weather sticking around for a little longer, the children have been making the most of their time outside, enjoying plenty of fresh air and active play. Group games have been a favourite, with everyone coming together for exciting rounds of pole tiggly and octopus, bringing lots of laughter and energy to the playground. It's been wonderful to see their enthusiasm and teamwork in action!

Regards,

Kylie 😊

## Register free and book in 24/7 via our app

To attend our program, you must register your child. You can register an account with us at [pp.campaustralia.com.au](http://pp.campaustralia.com.au) or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



## Dates to Remember!

King's birthday!

9<sup>th</sup> June 2025

Rocketeers starts

7<sup>th</sup> July!

## Make a booking

Join in the fun of Outside School Hours Care activities and experiences with Your OSHC and Rocketeers.

Book now

Find out more and book now at [www.campaustralia.com.au](http://www.campaustralia.com.au)

# MANORRVALE PRIMARY SCHOOL PLANTING PARTY



## **Planting Party!**

Grab your gloves and get ready to dig in! Manorvale Primary School is hosting a Working Bee and we're planting the seeds for a greener future—literally!

**Date: 6/06/2025**

**Time: 2:40pm after assembly**

Bring your smiles and let's make our school shine together!

All families are invited to attend a planting working bee! We will be planting plants in the school that we have purchased from the sales of our Zooper Doopers and nuggets.

Join us in helping make a difference to our school.





TERM 2

# CELEBRATIONS OF LEARNING

Families are invited to visit  
their child's classroom and  
celebrate the learning they  
have completed this term.

26<sup>TH</sup> OF JUNE  
2:30 PM





# 100 DAYS OF SCHOOL

SAVE THE DATE - WE ARE 100 DAYS  
BRIGHTER

Dear Prep Families,  
Please save the date for our 100 Days of School  
Celebration.

Families will be invited to a morning celebration with  
their prep child.

We will have further information soon.

**FRIDAY 25<sup>TH</sup> JULY, 2025**

STUDENT DRESS CODE: Wear something 'BRIGHT'

## Camps, Sports and Excursions Fund APPLICATION Form

School Name

School REF ID

### Parent/legal guardian details

Surname

First name

Address

Town/suburb  State  Postcode

Contact number

Centrelink pensioner concession **OR** Health care card number (CRN)

-  -  -  **OR**

☐ Foster parent\* **OR** ☐ Veterans affairs pensioner (Gold Card)\*\*

\*Foster Parents must provide a copy of the temporary care order letter from the Victorian Department of Families, Fairness and Housing (DFFH).

\*\*Applicants must provide a copy of the Veteran Affairs Gold card.

### Student details

Child's surname	Child's first name	Student ID	Date of birth (dd/mm/yyyy)	Year level

I authorise the Victorian Department of Education (DE) to use Centrelink Confirmation eServices to perform an enquiry about my Centrelink customer details and concession card status to enable the business to determine if I qualify for a concession, rebate or service. I also authorise the Victorian Department of Families, Fairness and Housing (DFFH) to provide the results of any enquiry to DE regarding temporary care orders.

I understand that:

- DFFH or Centrelink will use information I have provided to DE to confirm my eligibility for the Camps, Sports and Excursions Fund and will disclose to DE personal information including my name, address, payment and concession card type and status.
- This consent, once signed, remains valid while my child is enrolled at a registered Victorian school unless I withdraw it by contacting the school.
- I can obtain proof of my circumstances/details from DFFH and provide it to my child's school so that my eligibility for the Camps, Sports and Excursions Fund can be determined.
- If I withdraw my consent or do not alternatively provide proof of my circumstances/details, I may not be eligible for the Camps, Sports and Excursions Fund provided by DE.
- Information regarding my eligibility for the Camps, Sports and Excursions Fund may be disclosed to DFFH and/or State Schools Relief for the purpose of evaluating concession card services or confirming eligibility for assistance.

You can request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child's school.

Signature of applicant  Date  /  /

# what's troubling your kids?

worry



friendships



bullying



sadness



family



issues

**we support all young people aged 5-25**

**kidshelpline.com.au | 1800 55 1800**





# what's troubling your kids?



**we support all young people aged 5-25**

**[kidshelpline.com.au](http://kidshelpline.com.au) | 1800 55 1800**





WYNDHAM  
HEALTH  
FOUNDATION

# WYNDHAM HEALTH FESTIVAL

SATURDAY 14 JUNE | 9:30AM - 4:00PM  
IRONBARK FIELDS, TARNEIT

PROUDLY  
SUPPORTED BY

WESTERN  
UNITED FC



## INSIDE UPSTAIRS

10:00am

Opening Address

10:10am

Bradley Van Ooi – Mercy Hospital  
Werribee Executive Director

10:55am

Dr Neil Smith – Mercy Hospital  
Respiratory Physician & xxx

11:40am

Brendan Pawsey – Mercy Hospital  
Mental Health Services

12:25pm

Ranjana Rahaman – Physiotherapist  
at Move Me Physio

1:10pm

Dr Joe Garra – My Clinic Werribee Village,  
GP & Jayne Nelson – CEO of IPC Health

1:55pm

Lizzy Jacobs – Cowork & Create

2:40pm

Karthik Viswanathan – BibVault CEO  
& Co-Founder

3:25pm

Emily Macfarlane – Nutritionist &  
Naturopath

## SYNTHETIC PITCH

9:45am

Welcome to Country

10-12pm

Gymba-ROO Werribee

10:30am

Keiser Physiotherapy  
Strength & Conditioning Session

11:00am

West Point Soccer Club  
Soccer Clinic for all ages

11:30am

TBC

12:30pm

Mvmt Hub  
Pilates Class

1:00pm

Keiser Physiotherapy  
Strength & Conditioning Session

2:00pm

Walking Football 4 Health  
Demonstration Game

2:30pm

Uplift Community  
Meditation & Breathwork Session

## OUR VENDORS



Mercy Health  
Care first



**rrt** RAPID  
RELIEF  
TEAM



**KIESER**



ST VINCENT'S  
PRIVATE HOSPITAL  
WERRIEBE



GymbaROO

GLOBAL INSURANCE  
SOLUTIONS



**ipc** Health  
improving and protecting community health



Cancer  
Council



**ANYTIME  
FITNESS**

**Plus, enjoy free community activities throughout the day including:**

- Free coffee & sausage sizzles from the Rapid Relief Team
- Health Screenings from IPC Health
- Face Painting & Balloon Sculpting
- A DJ and entertainment for the whole family



WYNDHAM  
HEALTH  
FOUNDATION

# WYNDHAM HEALTH FESTIVAL

Sat 14 June 2025

PROUDLY  
SUPPORTED BY

WESTERN  
UNITED FC



LEARN MORE



WYNDHAM  
HEALTH  
FOUNDATION

# WYNDHAM HEALTH FESTIVAL

Sat 14 June 2025

PROUDLY  
SUPPORTED BY

WESTERN  
UNITED FC



LEARN MORE





# dadfit



## DADFIT

### FREE FIVE-WEEK PROGRAM

**Starts Tuesday May 20**

**Wyndham Park Primary School  
Werribee**



### What's Dadfit all about?

**Being a dad is awesome, but it's also hard work.**

Dadfit is a FREE program to help you be the best dad you can be:

- Get active
- Connect with other dads
- Share experiences



### What to expect in the program?



#### Dad workouts

Fun, full-body, suitable for all fitness levels



#### Dad chats

Catch up about issues facing dads, including parenting, relationships, health and wellbeing



#### Dad challenges

Dads supporting dads to try out new ideas

### What's included?

The free program includes 5 x two-hour Dadfit sessions.

Each session includes a Workout (45 min), Dad Chat (60 min) and a Dad Challenge.

Timing: Meet weekly on Tuesdays, 7-9pm for 5 weeks, starting May 20

Location: Wyndham Park Primary School, Kookaburra Avenue, Werribee

Open to all dads in the area!



**Sign up now to book your place!**



[www.dadfit.au/werribee](http://www.dadfit.au/werribee)

### Who leads the program?



#### Brad Tellis

Dadfit Facilitator, dad of three, wellbeing professional



#### Ryan Carters

Dadfit Founder, dad of three, former BBL cricketer



#### Mark Kunoo

Wyndham Park Primary School

*"A highlight of my year."*  
— Jonathan, dad of three

*"Adding small steps each week to being a better dad"*  
— Uddika, dad of one

*"I've only known these dads for two weeks and it already feels like we're old friends."*  
— Ajay, dad of two

*"My partner is happier since starting Dadfit, which is great for all of us."*  
— Anna, mother of three

# Year 7, 2026 Important Dates

## MANOR LAKES P-12 COLLEGE



<b>Friday 9 May 2025</b>	Parents/carers <b>return Application</b> for Year 7 Placement 2026 forms to Government Primary Schools by this date.	
<b>Tuesday 1 July 2025</b>	Primary schools notify parents/carers of Year 6 students in writing of their child's <b>placement offer</b> for 2026.	
<b>From Wednesday 2 July 2025</b>	Manor Lakes P-12 College (MLP-12C) will send a welcome letter to parents/carers of prospective students who have been <b>offered</b> a Year 7 placement for 2026 at MLP-12C.	
<b>By Tuesday 12 August 2025</b>	All parents/carers return their Year 7 Placement Acceptance Slip to their child's government Primary School.	
<b>Wednesday 13 August 2025</b>	<b>Confirmed</b> 2026 Year 7 Enrolments Parent Information Evening for Additional Information & Opportunities. This includes Enrichment, Co-curricular and Sports Leadership & Development programs.	
<b>From Monday 18 August 2025</b>	Distribution of transition information to parents/carers of students who have a confirmed Year 7 placement for 2026 will commence. This includes access to the live MLP-12 Year 7 Transition Site.	
<b>Wednesday 5 November 2025</b>	Parent Information Evening for all 2025 Year 7 enrolled students to assist families preparing for a successful transition and orientation day.	
<b>Tuesday 9 December 2025</b>	Statewide Transition Day	



# SOFTBALL

## *Manorvale Primary School After School Softball Program*

**When:** Every Thursday from 5 June – 3 July

**Where:** School oval

**Time:** 3.15pm – 4.15pm

**Who:** Students from Grade 3 – 6

**Coach:** Rory (Padres Softball Club)

**What is Softball?** Bat and ball sport, similar to T-ball, Baseball & rounders, played on a diamond shaped field.

**Equipment:** All equipment provided

**Cost: FREE**, although you must register via the QR code or URL below, only 20 spots available!

SCAN QR CODE,  
SCROLL DOWN  
PAGE, CLICK  
**REGISTER NOW**  
BUTTON



<https://www.softballvic.org.au/events/294612>



## JEFF GAUL

Senior Consultant / Auctioneer

Contact Jeff Gaul for all your real estate needs!

Our school will receive a donation for every property listed and sold through mention of the school

☎ 0406 270 790

✉ [jeff.gaul@raywhite.com](mailto:jeff.gaul@raywhite.com)



Ray White.