



Manorvale Primary School

Term 3, 2021

HEALTH & PHYSICAL EDUCATION PROGRAM

Mr Saker

Prep – 2 Program

Prep-Year 2 students will participate in a dance unit exploring the use of rhythm and body movement whilst demonstrating changes in speed, direction and movement in response to changes in music tempo. Students will further develop their fundamental motor skills in a modified athletics unit. Here, they will further develop their skills of running, leaping, jumping and throwing through modified athletic events, and learn the correct actions and techniques.

Year 3-6 Program

Year 3-6 students will participate in creative hip hop dance unit where they will work in a collaborative group to create, practise and perform their own group dance routine. Students will also focus on the development of sport-specific skill components throughout our *net games* unit, covering the sports of Spikeball for year 3-4 and Badminton for year 5-6. Year 3-6 students will also have the opportunity to participate in the Werribee District Athletics Carnival this term.